

## APA 7th Reference Guide

### Citation In-text (General Instruction)

No number is labelled for citation in the text, but (Author, Date) must be included in the text.

No.	Requirements	Sample
1	Include the author or authors' surnames and the year of publication, enclosed in parentheses	(Solvason & Watson, 2022).
2	For direct quotes, include the page or paragraph number of the quote in your in-text reference	"correct referencing is necessary" (Solvason & Watson, 2022, p. 19).
3	For multiple in-text citations within parentheses, include each source in an alphabetical order separating each citation with a semicolon	(Solvason & Watson, 2022; Williams, 2020).
4	Use "and" when citing authors' names in narrative and ampersand "&" for parentheses.	Solvason and Watson (2022) ... versus... (Solvason & Watson, 2022).

### Detailed Instruction for Citation In-text and Reference List

The reference list is organised alphabetically. Do not use numbers or bullet points.

The second and subsequent lines of each reference in the list should begin in a hanging indent.

### Journal Articles

No.	Type	In-text Reference (Parenthetical OR Narrative)	Reference List
1	One author	(Bloor, 2010). <b>OR</b> Bloor (2010) discussed...	Bloor, M. (2010). The researcher's obligation to bring about good. <i>Qualitative Social Work</i> , 9(1), 17-20. <a href="https://doi.org/10.1177%2F1473325009355616">https://doi.org/10.1177%2F1473325009355616</a>
2	Two authors	(Solvason & Watson, 2022). <b>OR</b> Solvason and Watson (2022) discussed...	Solvason, C., & Watson, N. (2022). Insights into positive approaches to parent partnership working in UK nursery schools. <i>Journal of Social Psychology Research</i> , 1(1), 18-30. <a href="https://doi.org/10.37256/jspr.112022987">https://doi.org/10.37256/jspr.112022987</a>
3	Three to twenty authors <i>Use only the first author's name, followed by 'et al.' for all in-text citations.</i>	(Melton et al., 2022). <b>OR</b> Melton et al. (2022) discussed...	<i>List all authors in the reference list entry, up to 20</i> Melton, A. L., Pace-Schott, E. F., & Hartl, A. (2022). Sleep and Digital Altruism: Are Good Sleepers, Good Doers? <i>Journal of Social Psychology Research</i> , 1(1), 31-59. <a href="https://doi.org/10.37256/jspr.1120221045">https://doi.org/10.37256/jspr.1120221045</a>

4	Twenty-one or more authors	<p><i>Follow the same pattern for in-text citations for 3-20 authors</i>  (Rohner et al., 2019)  <b>OR</b>  Rohner et al. (2019) discussed...</p>	<p><i>List the first 19 authors, insert an ellipsis (...) then add the last author's name</i></p> <p>Rohner, R. P., Ania, F., Melendez-Rhodes, T., Kuyumcu, B., Machado, F., Roszak, J., Hussain, S., Chyung, Y-J., Senese, V. P., Daneshmandi, S., Ashdown, B. K., Giovazolias, T., Glavak-Tkalić, R., Chen, S., Uddin, M. K., Harris, S., Gregory, N., Favero, M., Zahra, S., ... Roy, K. (2019). Psychological maladjustment mediates the relation between remembrances of parental rejection in childhood and adults' fear of intimacy: A multicultural study. <i>Cross-Cultural Research</i>, 53, 508-542. <a href="https://doi.org/10.1177/1069397118822992">https://doi.org/10.1177/1069397118822992</a></p>
5	<p>Corporate author  <i>Written by an organisation, government body, or a group</i></p>	<p>(SPRINT Research Group, 2021).  <b>OR</b>  SPRINT Research Group (2021) discussed...</p>	<p>SPRINT Research Group. (2021). Final report of a trial of intensive versus standard blood-pressure control. <i>New England Journal of Medicine</i>, 384(20), 1921-1930. <a href="https://doi.org/10.1056/NEJMoa1511939">https://doi.org/10.1056/NEJMoa1511939</a></p>
6	<p>'Online first' articles  <i>Also known as 'advance publication', etc.</i>  <i>This example follows the pattern for 3 authors</i></p>	<p>(Lopez-Perez et al., 2020)  <b>OR</b>  Lopez-Perez et al. (2020) discussed...</p>	<p>Lopez-Perez, D., Stryjek, R., &amp; Raczaszek-Leonardi, J. (2020). Recurrence qualitative analysis in the study of online coordination in Norway rats (<i>Rattus norvegicus</i>). <i>Journal of Comparative Psychology</i>. Advance online publication. <a href="https://doi.org/10.1037/com0000253">https://doi.org/10.1037/com0000253</a></p>
7	<p>Reference within an article  <i>(secondary source)</i>  <i>Where possible, try to access the work being cited, otherwise follow this pattern</i></p>	<p><i>For this example, Baker's 2008 study is being quoted in Bail's 2016 article. The original year is included</i>  Baker's study (2008, as cited in Bail, 2016) outlined...</p>	<p><i>Reference the article you have, not the one being quoted</i></p> <p>Bail, C. A. (2016). Emotional feedback and the viral spread of social media messages about autism spectrum disorders. <i>American Journal of Public Health</i>, 106(7), 1173-1180. <a href="https://doi.org/10.2105/AJPH.2016.303181">https://doi.org/10.2105/AJPH.2016.303181</a></p>

## Books

- Provide DOI and publisher name for both print and ebook formats.
- Place of publication is not needed
- Include the full access link where an ebook is accessed from the general web (no log-in is required).
- The publisher's name should be listed exactly as it appears on the title page including retaining the capitalization and spelling as it appears on the title page. **NOTE: Do not include designations of business structure (e.g., Inc., Ltd., LLC, etc.).**

No.	Type	In-text Reference (Parenthetical OR Narrative)	Reference List
8	One author	(Gillespie, 2017) OR Gillespie (2017)	<i>The example shows a book with a DOI</i>  Gillespie, B. J. (2017). <i>Household mobility in America: Patterns, processes, and outcomes</i> . Palgrave Macmillan. <a href="https://doi.org/10.1057/978-1-349-68271-3">https://doi.org/10.1057/978-1-349-68271-3</a>
9	Two authors	(Tabachnick & Fidell, 2019) OR Tabachnick and Fidell (2019)	<i>This example shows a print or e-book without a DOI</i>  Tabachnick, B. G., & Fidell, L. S. (2019). <i>Using multivariate statistics</i> (7th ed.). Pearson.
10	Three or more authors	(Greig et al., 2013) OR Greig et al. (2013)	Greig, A., Taylor, J., & MacKay, T. (2013). <i>Doing research with children: A practical guide</i> . Sage.
11	Corporate author <i>Written by an organisation, government body, or a group</i>	(American Psychological Association, 2020) OR The American Psychological Association (2020)	<i>In this example, the publisher is left out as the author is also the publisher.</i>  American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.).
12	Book without a date <i>Use (n.d.) instead of a year</i>	(Southey, n.d.) OR Southey (n.d.)	Southey, R. (n.d.). <i>The life of Nelson</i> . Blackie.
13	eBook with URL from web <i>Use a URL for ebooks found on the web, not for those found using the Library</i>	(Svendsen & Løber, 2020) OR Svendsen and Løber (2020)	Svendsen, S., & Løber, L. (2020). <i>The big picture/Academic writing: The one-hour guide</i> (3rd digital ed.). Hans Reitzel Forlag. <a href="https://thebigpicture-academicwriting.digi.hansreitzel.dk/">https://thebigpicture-academicwriting.digi.hansreitzel.dk/</a>

14	Chapter in a book <i>Where the same authors have written the whole book, reference the book, not the chapter</i>	(Allen & Boyle, 2018) <b>OR</b> Allen and Boyle (2018)	<i>As this whole book is written by the same authors, we reference the book.</i>  Allen, K. -A., & Boyle, C. (Eds.). (2018). <i>Pathways to belonging: Contemporary research in school belonging</i> . Brill Sense. <a href="https://doi.org/10.1163/9789004386969">https://doi.org/10.1163/9789004386969</a>
15	Chapter in an edited book <i>Where each chapter has separate authors listed, reference the chapter.</i>	(Bronfenbrenner & Morris, 2007) <b>OR</b> Bronfenbrenner and Morris (2007)	Bronfenbrenner, U., & Morris, P. A. (2007). The bioecological model of human development. In R. M. Lerner & W. Damon (Eds.), <i>Handbook of child psychology: Theoretical models of human development</i> (Vol. 1, pp. 793-828). Wiley. <a href="https://doi.org/10.1002/9780470147658.chpsy0114">https://doi.org/10.1002/9780470147658.chpsy0114</a>

### Web Online Resources

- Provide DOI and publisher name for online documents (including papers, reports, etc.).
- Where no DOI is available, provide full URL for accessing resources.
- Titles of web pages should be italicised. Add the name of the website before the access link (with no italics).

No.	Type	In-text Reference (Parenthetical OR Narrative)	Reference List
16	Web page with author/s listed	<i>For in-text citations, use the year only</i> (Conti, 2020) <b>OR</b> Conti (2020)	<i>For the reference list, include the month and day (if provided).</i>  Conti, G. (2020, May 1). <i>Supporting parents and children in the early years during (and after) the COVID-19 crisis</i> . VoxEU-Centre for Economic Policy Research (VoxEU-CEPR). <a href="https://voxeu.org/article/supporting-parents-and-children-early-years-during-and-after-covid-19-crisis">https://voxeu.org/article/supporting-parents-and-children-early-years-during-and-after-covid-19-crisis</a>
17	Web page with corporate author <i>Created by an organisation, government body, or a group</i>	(Health Foundation, 2021) <b>OR</b> The Health Foundation (2021)	<i>For the reference list, include the month and day (if provided). Do not add the name of the website (as shown above) if it is the same as the author.</i>  Health Foundation. (2021, April 19). <i>Map of child poverty</i> . <a href="https://www.health.org.uk/evidence-hub/money-and-resources/poverty/map-of-child-poverty?gclid=EAIaIQobChMii9XZucP78AIVbhoGAB2BaQUPEAAAYBCAAEgKcKfD_BwE">https://www.health.org.uk/evidence-hub/money-and-resources/poverty/map-of-child-poverty?gclid=EAIaIQobChMii9XZucP78AIVbhoGAB2BaQUPEAAAYBCAAEgKcKfD_BwE</a>

18	<p>Web page with no date <i>If a proper date cannot be found on the page, use (n.d.) instead of a year.</i></p>	<p>(Australian Bureau of Statistics., n.d.) <b>OR</b> The Australian Bureau of Statistics (n.d.)</p>	<p><i>Include a retrieval statement for any webpage where the contents are continuously updated and not archived. As the name of the site is the same as the author, this information is left out.</i></p> <p>Australian Bureau of Statistics. (n.d.). <i>Population clock</i>. Retrieved January 22, 2020, from <a href="https://www.abs.gov.au/ausstats/abs%40.nsf/94713ad445ff1425ca25682000192af2/1647509ef7e25faaca2568a900154b63?OpenDocument">https://www.abs.gov.au/ausstats/abs%40.nsf/94713ad445ff1425ca25682000192af2/1647509ef7e25faaca2568a900154b63?OpenDocument</a></p>
19	<p>Online document <i>Provide description as required, e.g. [Brochure], [Pamphlet], [Policy brief]</i></p>	<p>(Department for Education and Skills, 2004) <b>OR</b> The Department for Education and Skills (2004)</p>	<p>Department for Education and Skills. (2004). <i>Every child matters</i> [White paper]. Crown. <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/272064/5860.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/272064/5860.pdf</a></p>
20	<p>Government document <i>Use the name of the department as shown</i></p>	<p>(Centers for Disease Control and Prevention, 2014) <b>OR</b> Centers for Disease Control and Prevention (2014)</p>	<p>Centers for Disease Control and Prevention. (2014). <i>Short sleep duration among US adults</i>. <a href="http://cdc.gov/sleep/data_statistics.html">http://cdc.gov/sleep/data_statistics.html</a></p>
21	<p>Report <i>This example follows the multiple authors pattern</i></p>	<p>(Paull et al., 2017) <b>OR</b> Paull et al. (2017)</p>	<p><i>Include report numbers (if available) in brackets after the title.</i></p> <p>Paull, G., Valle, I. L., Speight, S., Jones, H., &amp; White, C. (2017). <i>Evaluation of early implementation of 30 hours free childcare research report</i> (Report No. DFE-RR708). Frontiers Economics. <a href="https://www.gov.uk/government/publications/30-hours-free-childcare-early-implementation-evaluation">https://www.gov.uk/government/publications/30-hours-free-childcare-early-implementation-evaluation</a></p>
22	<p>Conference paper <i>This example follows the pattern for 3 or more authors</i></p>	<p>(Liu et al, 2014) <b>OR</b> Liu et al. (2014)</p>	<p><i>If there is no DOI, add the URL.</i></p> <p>Liu, L., Zhang, M., Lin, Y., &amp; Qin, L. (2014). A survey on workflow management and scheduling in cloud computing. In P. Balaji, I. Forster, X.-H. Sun, K. W. Cameron, &amp; D. S. Nikolopoulos (Eds.), <i>2014 14th IEEE/ACM International Symposium on Cluster, Cloud and Grid Computing</i> (pp.837-846). IEEE. <a href="https://doi.org/10.1109/CCGrid.2014.83">https://doi.org/10.1109/CCGrid.2014.83</a></p>

## COMMON ABBREVIATIONS USED IN APA 7

<b>Ed. or Eds.</b>	Used to refer to editor or editors. Not to be confused with edition (below).
<b>ed.</b>	Used to refer to editions. You do not need to include edition information for a 'standard' first edition.
<b>et al.</b>	Used for in-text citations to mean 'and others'.
<b>n.d.</b>	Used for references with no publication/creation date listed.
<b>p. or pp.</b>	<b>p.</b> is used for single-page citations; <b>pp.</b> when multiple pages are involved [Examples, <b>p. 302</b> or <b>pp. 12-13</b> ]
<b>para. or paras.</b>	<b>para.</b> is used for a web page paragraph; use <b>paras.</b> for multiple paragraphs [Count the paragraphs on the page, e.g. <b>para. 3</b> ]

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